



Text-a –Nurse is manned by a team of school nurses between the hours of 9am -5pm Monday to Friday (excluding Bank Holidays), they will respond to all messages within 24 hours Monday – Friday. Our aim is to provide a timely, and convenient access to confidential health advice for young people aged 11-19 in Northern Ireland. Phone numbers:

- Belfast Trust Text –A-Nurse : 07507 328290
- Northern Trust: Text –A-Nurse 07480 635982
- Southern Trust Text –A-Nurse 07507 328057
- Western Trust Text –A-Nurse 07480 635984
- South Eastern Trust Text –A-Nurse: 07507 327263